

ROLE TRAINING MODEL

The following role training model outlines the physical steps and psychological process of a role training session.

CLASSICAL ACTION STEPS

1. Warm-up & Group Contract
 - Group
 - Individual
2. Protagonist for group is selected
 - Sociometric
 - principles
3. Interview & Contract for Action
4. Set Scene Psychological reality
5. Action
6. Assessment & Plan
 - Mirroring
 - Asides
 - Modelling
 - Discussion
7. Practice
 - Mirroring
 - Asides
 - Modelling
 - Discussion
 - Coaching
8. Adequate solution to situation
9. Role test
10. Sharing
11. Group Analysis
12. Homework

PROCESS

